

New Clinician!

Hello,

We are excited to announce the addition of a new clinician to our team at Blue Chair Counseling!

Whitney Williams, MSW, is a provisionally licensed clinical social worker in the state of Illinois. She has extensive experience with providing behavioral health services to **teenagers, adults, and elders**. Whitney is currently accepting new patients for in-person counseling services. Information about our facility can be found here:

Whitney offers a **compassionate, trauma informed approach** when working with a wide range of patients and their concerns, including:

- **Depression, Anxiety, and Mood Disorders**
- **Eating Disorders**
- **Trauma and PTSD**
- **Coping with Chronic Illness**
- **Grief**

Whitney's specialties include:

- **Dialectical Behavioral Therapy (DBT)**
- **Internal Family Systems (IFS)**
- **Motivational Interviewing**
- **Somatic Therapy**

Please note that **brainspotting** is offered only through Blue Chair Counseling by clinicians Kathryn Schiber and Lisa Fox at this time.

We are looking forward to collaborating with nearby health providers. If you feel that Whitney may be a good fit for a prospective client, we appreciate any consideration and referrals. Thank you very much for your support. We welcome any additional questions or further inquiries.

PROVIDING COMPASSION



BLUE CHAIR
COUNSELING

FOR ANY SHADE OF BLUE



**2921 Maryville Rd.
Suite B
Maryville, IL 62062**

- We are located inside of the former UMB bank on Route 159. We share a building with Hartman Homes.



P: (618) 484-9337



F: (618) 484-9353



Connect@BlueChairCounseling.com



www.BlueChairCounseling.net

We accept a majority of private health insurance plans (including Medicare and Tricare). We do not currently accept Medicaid plans.